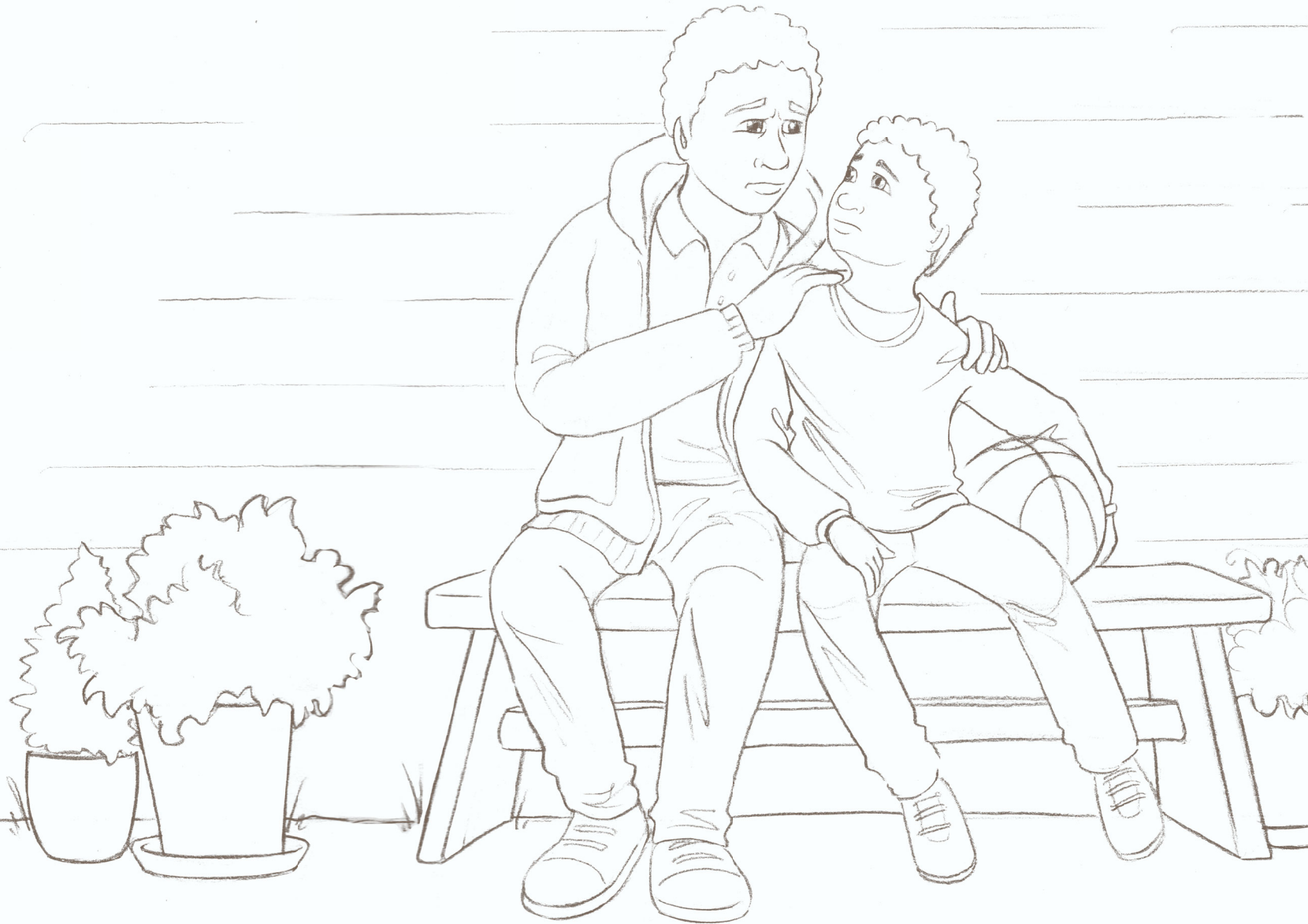
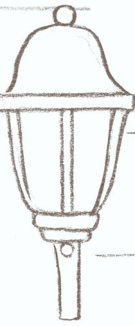
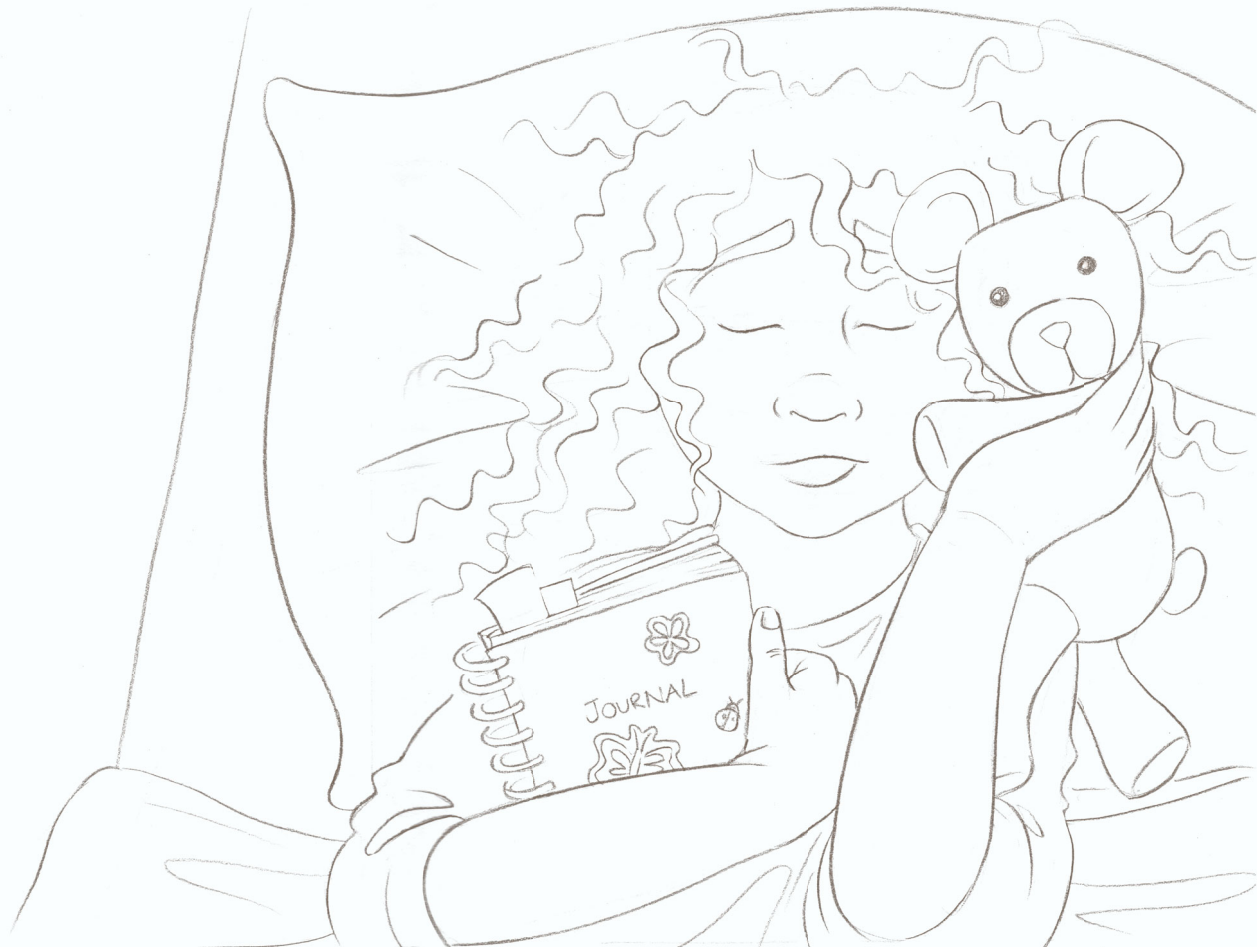


# The Great Big Sad

Finding comfort in Grief and Loss

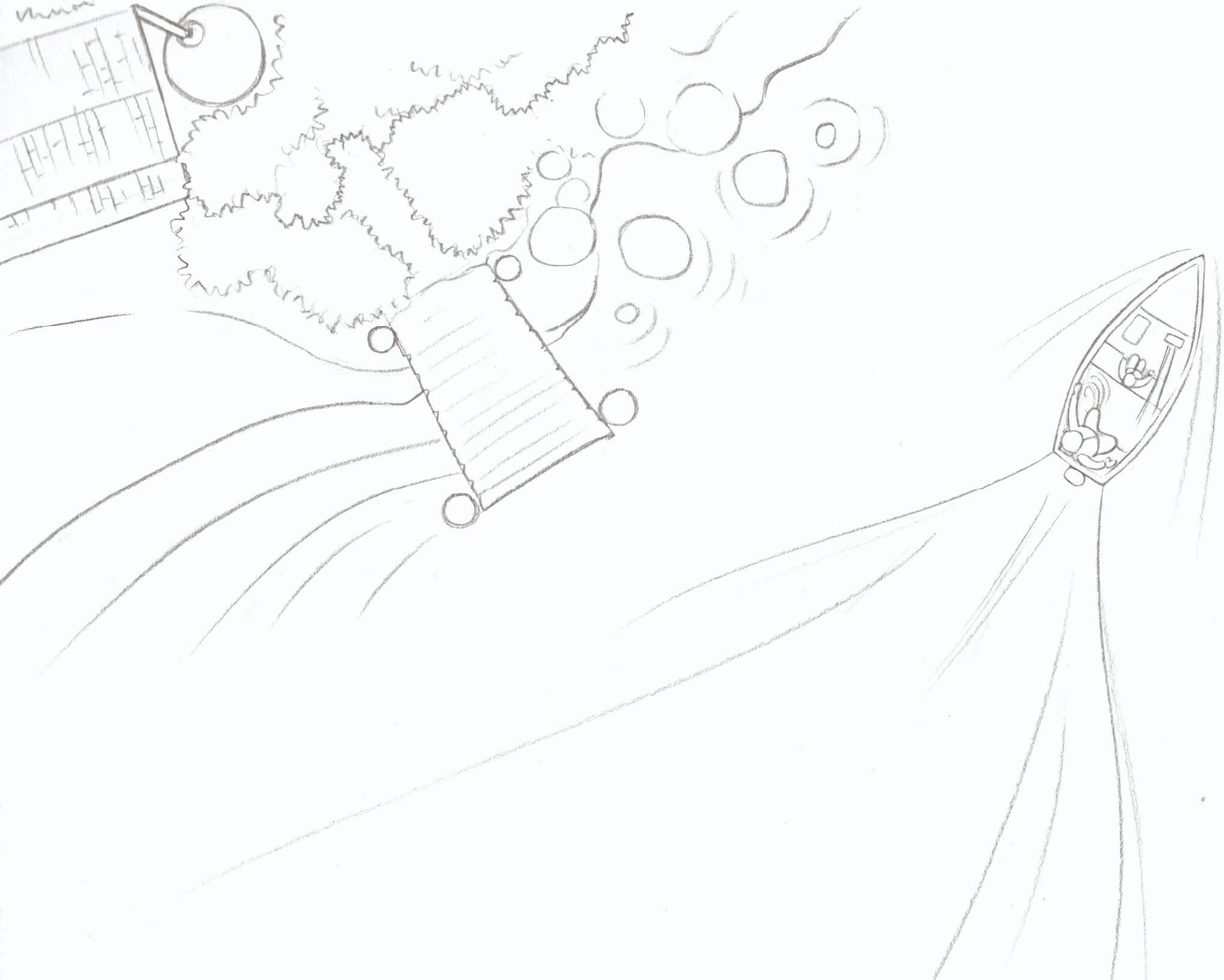
christina fox  
Illustrated by Lisa Flanagan

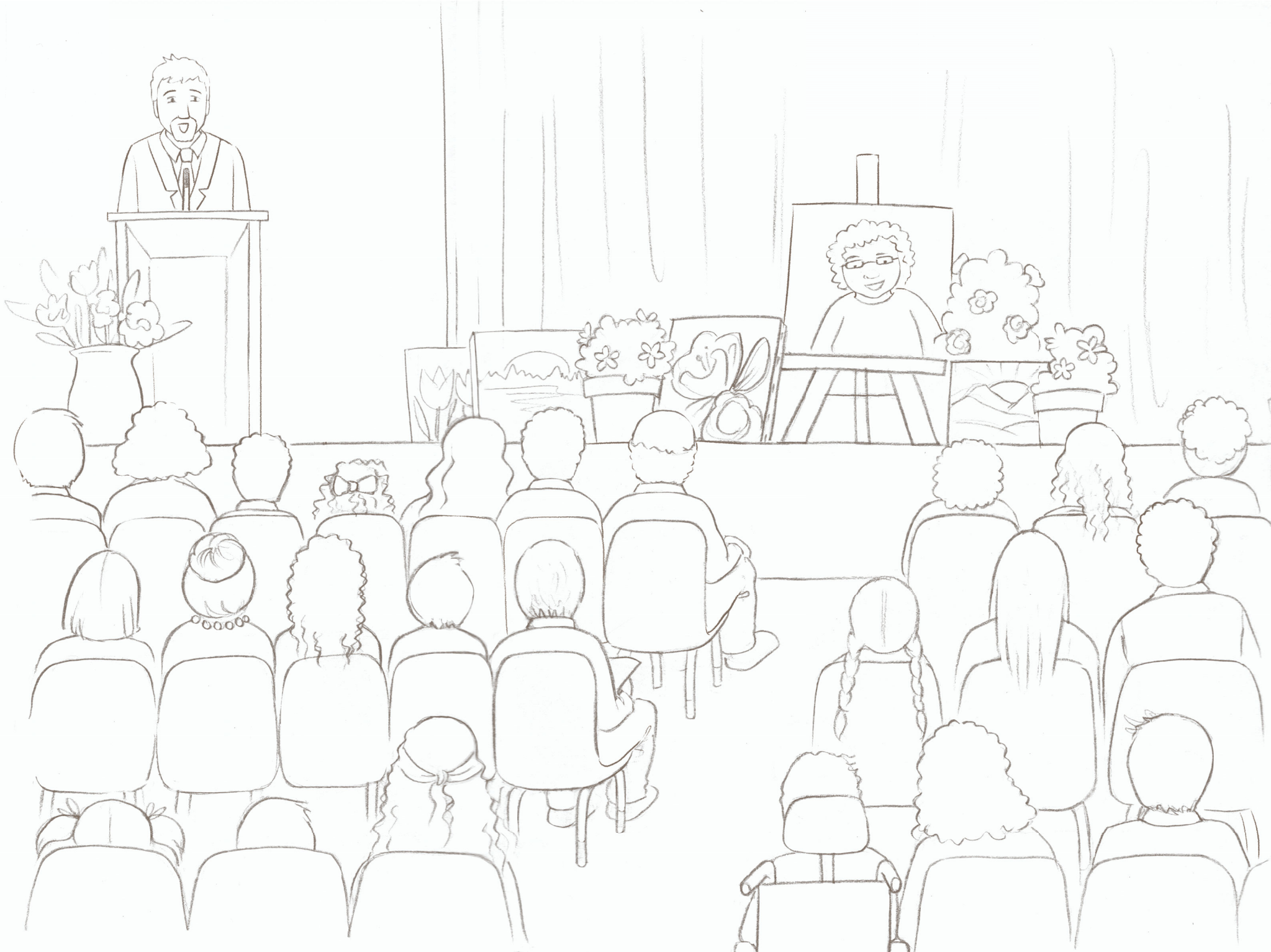


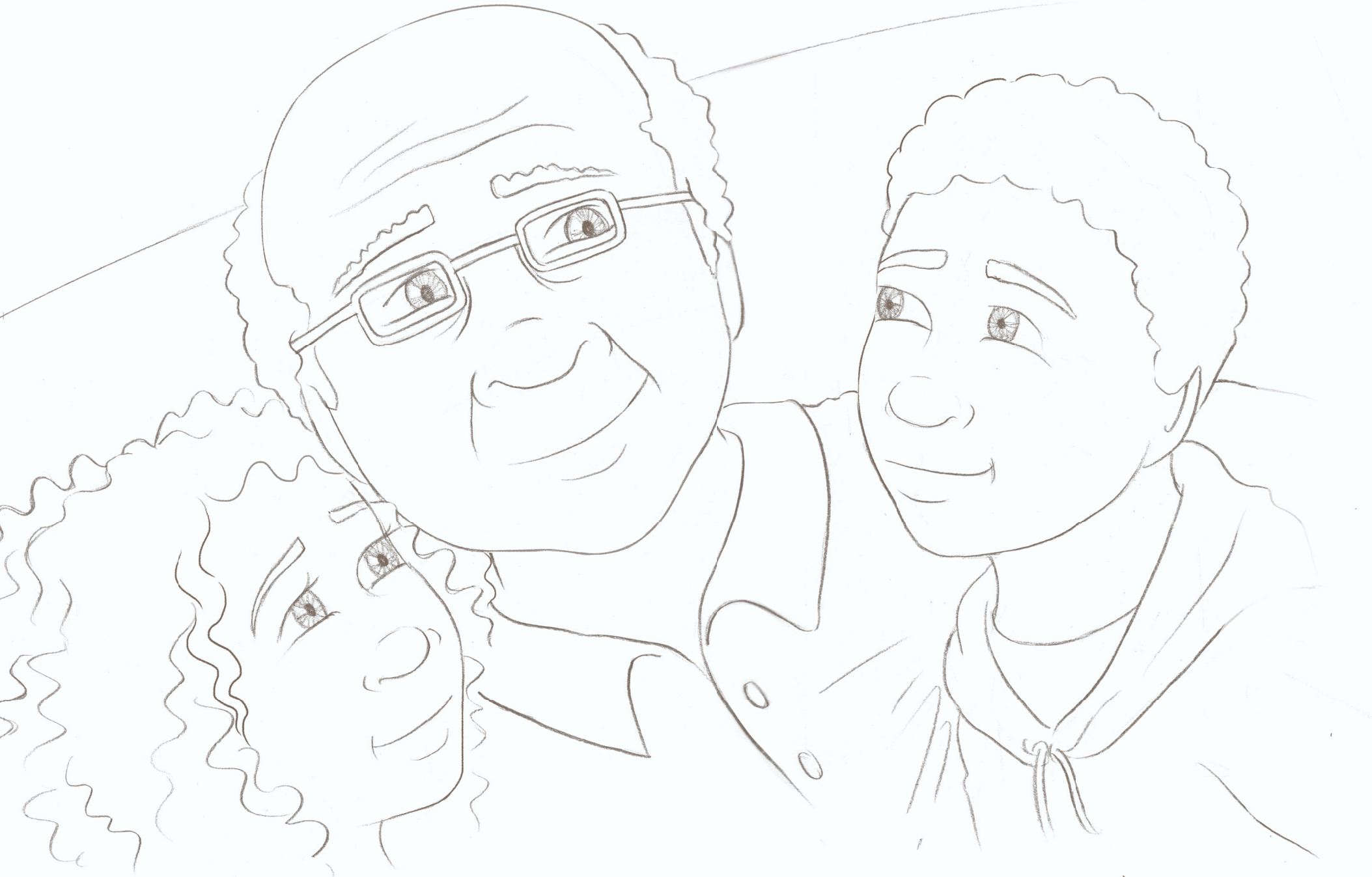








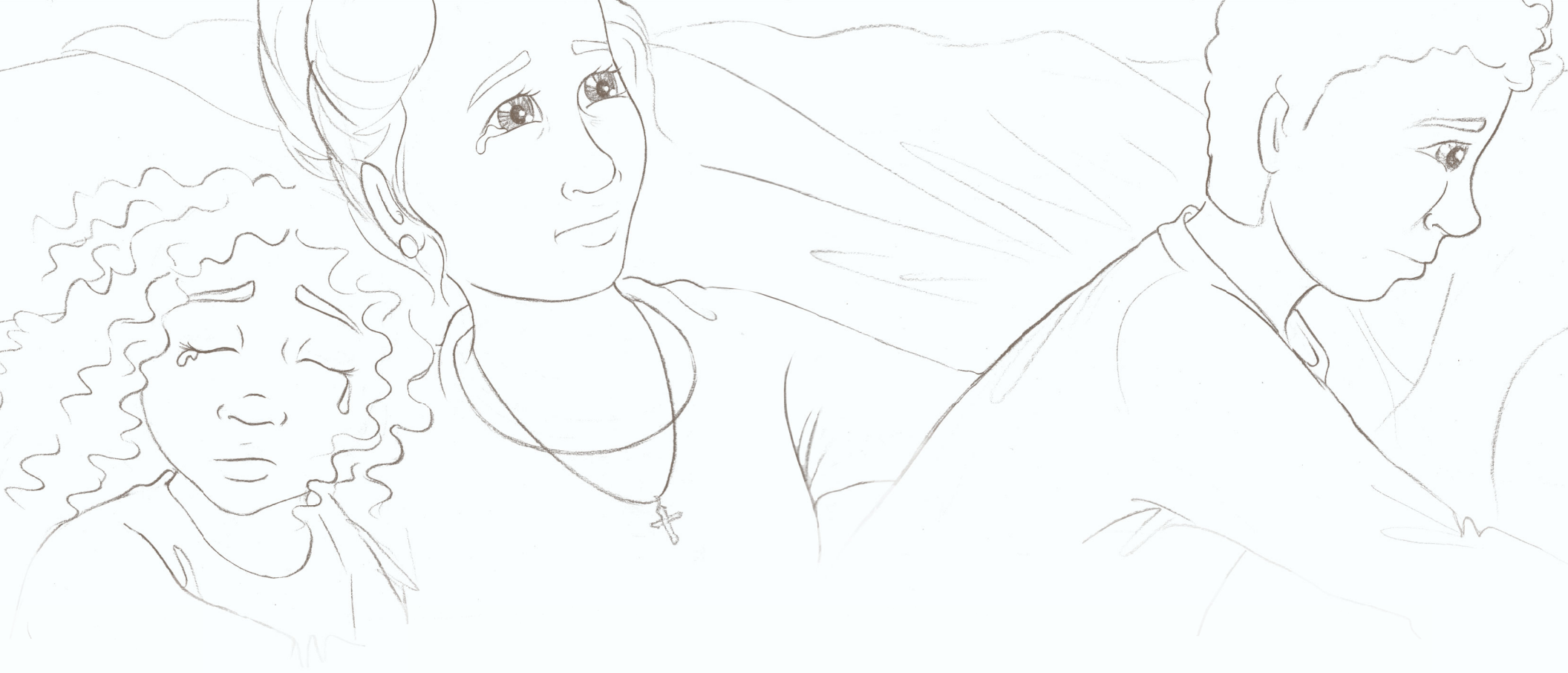












“Mom sat down on the couch with Mia and held her tight. Time seemed to stand still. They were wrapped up in their own thoughts and memories about Grandma... She felt so sad, her heart hurt.”



Grief is a biblical response to loss (Genesis 3.19). Grief acknowledges that the world is broken, life is valuable, and things are not as they should be.



“When someone dies, we feel lots of different emotions. It’s normal... What’s important is that you talk about it with us.”



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